

We believe that environment can play an important part in addressing these problems and so we believe an affirming environment is conducive to the recovery process.

We have worked hard to create a home which is safe, welcoming, comfortable, visually stimulating and calming, valuing, affirming and most definitely not institutional.

There are 8 individual lockable bedrooms, 3 bathrooms (all with showers and 1 with a bath), a lounge with large Sky TV, a kitchen/diner and an outside patio. Smoking is allowed outside in the patio area but nowhere else in the building.

Access to the house is controlled by a video entry system with all residents having their own electronic fob.

The house meets all HMO standards



bideford
lighthouse project



Supported accommodation in Bideford for men seeking to maintain **abstinence** based recovery from addiction to drugs and alcohol

We run an 8 bed house in Bideford for men only. We have a strict rule about the need for abstinence and won't tolerate violence but otherwise encourage a culture of self responsibility.

We provide support and housing management with skilled and experienced staff. Our residents attend meetings of local mutual aid fellowships and are responsible for working their own recovery within a Mutual Aid Community in the house

The length of stay is initially for 6 months but can be extended where appropriate. We will do all we can to help residents to find move on accommodation at the appropriate time

Applicants must:

1. be male over 18
2. be committed to engaging in mutual aid, and to recovery based on complete abstinence.
3. Have established a period of abstinence considered sufficient to evidence commitment and to test clear on arrival. (we are happy to discuss what this may mean on an individual basis).
4. Not require psychoactive medication that would interfere with engagement.
5. Have no current or ongoing psychiatric diagnosis which would preclude full engagement
6. not have any disability which would make it unsafe for them to reside in our accommodation

Referral

Referrals can be made by telephone, letter or email. On receipt of the application, and once eligibility has been established, an in person assessment will be offered. Any current risk assessment should also be shared if possible.

We conduct comprehensive needs and risk assessments at the project liaising with professional referrers as appropriate. The assessment will enable the first Support Plan to be created. All Support Plans are "owned" by the resident.

On admission we will explain how the project works and the rules, introduce the new arrival to their Key Worker and to an established resident who will act as a "buddy". We will ensure registration with a local GP Practice. Residents will be helped by staff to apply for Housing Benefit and any other relevant benefits.

Substance misuse screening is by saliva samples and breath tests. It will be done on arrival and at random times throughout a person's stay .

